

The Heather Glen Restaurant

Main Menu

Entrees

Mixed Olives **£3.95**

Garlic bruschetta **£4.10**

To start

Chilled Galia and Cantaloupe Melon **£5.95**

With raspberry coulis and gooseberry sorbet

Crispy Breaded Camembert **£6.95**

With red onion marmalade

Sautéed Garlic Mushrooms **£6.70**

In a smoked bacon and herb cream sauce

Smoked Salmon and Prawn Salad

£7.00

Served with brown bread and marie rose sauce

Sautéed Black Pudding and Haggis

£6.80

In a cracked black pepper and brandy cream sauce

Baked Seafood Mornay

£7.20

In a light cheese sauce, a hint of pernod and creamed mash

King Prawn Pill Pill

£7.00

Cooked in garlic, chilli and sweet pepper butter. Served with dipping bread

Main Course

Roast Duckling

£17.30

Half a roast duckling served with sage & apricot stuffing, & roast gravy

Pan Fried Trout Fillets

£16.50

Topped with Prawns and croutons

Medallions of Beef

£22.95

Prime cut fillet steak in a rich port, mushroom & black pepper sauce

Pan Fried Chicken

£15.30

Tender fillet in white wine, asparagus and sage cream sauce

Sautéed Pork Fillet

£14.95

Cooked in apricot, ginger and spring onion sauce

Fresh Sea Bass Fillets

£17.40

Pan fried with sun blushed tomatoes, fresh basil & garlic

Golden Cheese & Leek Sweet Potato Cakes

£13.50

Served with chilli bean salsa

Mushroom Fettuccini

£13.50

Fettuccini pasta topped with a mushroom, garlic, sweet pepper and herb cream sauce

From the Grill

12oz Gammon Steak

£14.45

Served with fried egg, fresh pineapple, mushrooms and sautéed onions

8oz Fillet

£22.45

Served with tomatoes, mushrooms and sautéed onions

10oz Sirloin Steak

£18.95

Served with tomatoes, mushrooms and sautéed onions

Heather Glen Mixed Grill

£22.45

Including lamb chop, pork cutlet, rump steak, black pudding, gammon and Cumberland sausage. Topped with a fried egg, mushrooms and sautéed onions

Local Cumberland Sausage

£13.95

Served with fried egg, black pudding, mushrooms and sautéed onions

Sauces £2.95

Peppercorn Sauce

Blue Cheese Sauce

Mustard Sauce

*Food allergies and intolerances –
Before ordering please speak to our staff about your requirements*

The Heather Glen Country House
Ainstable Village, Carlisle

www.heatherglencountryhouse.co.uk

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